

## Adult Learning Strategies

1. **Assigning a group of students to read a chapter.** Each student will read certain pages by itself. Once everyone has finished reading their part, they will participate by explaining their portion of the reading and what they understood. As a group, everyone will read the chapter faster and more effectively. This strategy allow the students in groups to engage in self-regulated learning activities supported by the teacher. Collaborative inquiry is a great learning strategy that facilitates strong communicative and personally emancipating adult learning.
2. **Global Projects to Connect with Others:** An example of this is when a professor contacts another professor from another university around the world and connect via Skype or Zoom the students from both classes (same subject) to experience a transformational learning strategy. Students and professors can engage with each other by sharing different learning and teaching methods. At the same time, this can be a great opportunity to impact the life of the students by learning other people's culture. This is an example of the transformative learning theory developed by Mezirow (1978, 1991, 2000). This theory has three dimensions: psychological (changes in understanding of the self), convictional (revision of belief systems), and behavioral (changes in lifestyle).
3. **Change your classroom setting.** A classroom is the ideal place to teach students. However, this can become a bit dull for some students. A great opportunity for motivating your students is to change the "general classroom" setting and teach the class in a different place. You can teach the class in a museum, go on a field trip or take your students to the library to do some research and explore other learning environments. A new setting can be a great tool to keep your students motivated. Motivation is an influence or a stimulus. Any type of motivation, it will drive people towards the achievement of something in their lives. Some adults are motivated by extrinsic factors while other people can be motivated by intrinsic factors.
4. **Have students solve mysteries.** One of my professors from my doctoral class during my first semester used this learning strategy in the classroom. My professor used a murder case game. She divided the class into four groups and the first one that would solve the case would win a prize. This learning strategy is a great exercise for an effective group discussion and problem solving. This activity makes learning fun as well as involving students in active learning pursuits.
5. **Have your students create an infographic.** Infographics present a variety of graphic elements—illustrations, tables, charts, statistics—that convey information. I also remember another professor in my doctoral program who assigned to the class an

infographic project on a narrowed topic. Honestly, I had never done one and I had a lot of fun creating it. Infographics integrate research, technology, and creativity while learning. <https://piktochart.com/> is a great tool for creating infographics.